

2023 Senior Health Policy Forum December 1, 2023 8:30 am – 3:30 pm Mission College, Santa Clara, CA

Ache Lytle, Director of Organizational Development, Inclusion, and Culture, On Lok



Aché Lytle has had extensive work experience in various leadership and development roles. They worked at On Lok for three years, starting as a Leadership Development Manager in 2019 and later becoming the Manager of Leadership and Diversity, Equity, and Inclusion. Their most recent role at On Lok was as the Director of Organizational Development, Culture, and Inclusion. Prior to On Lok, they founded Leading Beyond Boundaries in 2003, where they organized international trainings, conferences, and joint ventures aimed at raising awareness of racial, social, and health disparities. They also worked as a Chief Resilience Officer at In Their Power, a program for Women of Color Leaders, and as a Leadership and Healthcare

Trainer & Content Developer at JVS - San Francisco. Additionally, they served as an Educational Consultant at the University of California, Berkeley, where they managed academic programs and ensured compliance with regulations and policies. Aché Lytle holds a bachelor's degree in political economics from the University of California, Berkeley.

Ash Kalra, California State Assemblymember, District 25



Assemblymember Kalra represents California's 25th Assembly District, which encompasses the majority of San José, including downtown and open space areas in southeast Santa Clara County. He was first elected in 2016, becoming the first Indian American to serve in the California Legislature in state history, and was re-elected to his fourth term in 2022. Assemblymember Kalra is the Chair of the Committee on Labor and Employment and serves as a member on the Housing and Community Development, Judiciary, Transportation, and Water, Parks, and Wildlife committees. In the State Assembly, he has authored successful legislation promoting secure and peaceful communities for all residents, including protecting

and preserving civil rights and civil liberties, and has dedicated his tenure in public service to equity and social justice issues. He previously served on the San José City Council for eight years and was formerly a Deputy Public Defender for Santa Clara County for 11 years, representing clients in dozens of felony jury trials. As a public defender, he represented indigent clients in both felony and misdemeanor matters, and a majority of his time was spent in drug treatment court where clients were given the opportunity to complete a rehabilitation program and turn their lives around.

Bradley Davis, Chancellor, West Valley-Mission College District



Bradley Davis has more than two decades of senior administrative experience in public higher education in California. He is currently in his fourth year as the chancellor of the West Valley-Mission Community College District in Santa Clara County. As chancellor, he oversees a multi-college district that encompasses both West Valley College in Saratoga and Mission College in Santa Clara. At WVM, Dr. Davis serves over 16,000 students, partners with more than 1400 employees represented by four labor unions, manages the district's basic-aid financing structure and \$225M annual budget, and oversees the district's billion-dollar facilities construction bond.

Chancellor Davis received numerous awards and recognitions for his contributions to the social and cultural life of the local community from Saratoga Rotary, Kiwanis International, The United States Navy, West Valley Community Services, Saratoga Area Senior Coordinating Council, the League of Women Voters, and others.

Mr. Davis is a frequently invited presenter on a wide variety of topics for public and state agencies including

community relations, organizational development and management, strategic planning, bond and facilities development, fundraising, and intercollegiate athletics.

Mr. Davis holds a juris doctorate from Syracuse University's College of Law and earned a bachelor's degree in psychology from Gannon University where he lettered in two NCAA Division II sports, baseball, and basketball. He lives in Foster City with his wife Angie and their two children. In his very little spare time, he enjoys playing and collecting vintage electric guitars, coaching youth sports, and traveling with his family.

Dave Cortese, California State Senator, District 15



Senator Dave Cortese was elected in November of 2020 to represent State Senate District 15 which encompasses much of Santa Clara County in the heart of Silicon Valley. Along with his accomplished career as an attorney and business owner, the Senator previously served on the Santa Clara County Board of Supervisors for over a decade, with four years as Board President, on the San Jose City Council for eight years, including two years as Vice Mayor, and as a trustee for the East Side Union High School District for eight years.

He grew up in San Jose as part of a family that has been active in civic, cultural, and business activities for generations.

During his nearly three decades in public service, Dave has brought the community together to address and reduce homelessness, combat climate change, expand public transit options, reform the Santa Clara County's jail custody operations, and fight for the rights of immigrants.

David Lindeman, PhD, Executive Director, CITRIS Health, CITRIS and the Banatao Institute



David Lindeman, PhD, is Executive Director, CITRIS Health, Center for Information Technology Research in the Interest of Society and the Banatao Institute (CITRIS), UC Berkeley, and Director, Center for Technology and Aging (CTA). Dr. Lindeman has worked in the fields of health care and long-term care for over 40 years as a health services researcher and gerontologist, conducting research related to telehealth, health care technology, chronic disease management, healthy aging, disabilities, dementia, community-based and residential services, health care workforce, and family caregiving. Dr. Lindeman's current focus is working with researchers, entrepreneurs and investors on the incubation, start-up, and scaling

of technology-enabled health care solutions, including initiatives that address critical health care challenges through machine intelligence (Generative AI and Large Language Models), telehealth, mobile/cloud, sensors/IoT, robotics, VR/AR, and assistive technologies. These technology-enabled solutions cover a continuum of health care issues, ranging from wellness to complex chronic conditions and precision health, with an emphasis on global applications. Dr. Lindeman serves as an advisor to foundations, government agencies, start-ups, businesses, and venture firms. Dr. Lindeman previously served as the founding Director of the Mather LifeWays Institute on Aging; Associate Professor of Health Policy at the Rush Institute for Healthy Aging, Rush University Medical Center; and Co-Director of the UC Davis Alzheimer's Disease Center. Dr. Lindeman received his PhD and MSW from the University of California, Berkeley.

Diana Miller, Retired, Former Project Manager, Seniors Agenda, Santa Clara County Dept. of Aging and Adult Services



Diana Miller, now retired, is the former Project Manager of the Santa Clara County Dept. of Aging and Adult Services. Her strategic vision—to share knowledge of the program's benefits to cities—will result in WHO's recognition that Santa Clara is the first County in the United States to have each of its fifteen cities declared "age-friendly".

Recognizing the huge shift occurring in the demographics of older persons -- and the startling requirements of a swelling universe of seniors with increased unmet needs -- Diana embarked on a mission to inform civic leaders and motivate them to take action. Combining

her passion with focus will ultimately yield a better life for seniors everywhere who will benefit from the global Age-Friendly movement that Diana is helping guide.

Diana's dedication and talent spring from her decades of hands-on experience as a community organizer and her deeply personal commitment to improve the lives of some of our society's most challenged populations. For six years early in her career, Diana utilized her skills in San Francisco's Tenderloin District, improving quality of life in housing, transportation, medical and safety issues for seniors there.

As an experienced non-profit executive, Diana has recruited, motivated and managed hundreds of volunteer leaders from diverse backgrounds, building their skills in community engagement, creative commitment and fund-raising. Noted as a strong and inspirational leader and passionate about pursuing her goals, Diana is respected and revered for her ever-present sense of humor and genuine desire to bring out the best in all the people in her life.

Elizabeth Fuller, Chief Consultant, Committee on Aging and Long-Term Care, California State Assembly



Liz has twenty plus years in the Capitol, with 13 learning on the job as Consultant to the Legislative Women's Caucus. Her policy knowledge grew in all areas impacting women and children; and in the fall of 2019, she transferred her policy knowledge and passion for caregiving to the position of Chief Consultant to the Assembly Aging and Long-Term Care Committee, a policy area with endless opportunities for collaboration and growth. During the pandemic she realized this is exactly where she is meant to be. She is a proud mama bear, wife, sister, daughter, caregiver, and friend. She tries to live each day with her whole heart.

Grace Li, Chief Executive Officer, On Lok



Grace Li joined On Lok in 2001 as Chief Operating Officer, applying her expertise in orchestrating new site openings, managing implementation of software applications, and overseeing multi-site complex systems and health care programs. In 2016, she was named Chief Executive Officer.

Grace works closely with her senior leadership team to create new opportunities for partnerships with philanthropic communities, and to invest in On Lok's workforce so it upholds its reputation as a leading employer in senior care. Her vision builds on On Lok's leadership

with PACE by expanding on existing programs to meet the growing needs of a rapidly increasing senior population.

With more than 25 years in healthcare and 15 years at On Lok, Grace's management experience spans a wide range of healthcare settings, including hospitals, physician practices, assisted living facilities, and health care consulting.

Grace serves locally on the Eden Housing, Inc. Board of Directors and NICOS Board of Directors, and nationally on the National PACE Association Board. She also serves locally on advisory committees helping to shape the services and care in our communities: San Francisco Palliative Care and San Francisco Post Acute Care Advisory Committee.

Grace holds a Master of Health Administration from the University of North Carolina and a bachelor's degree in economics from the University of Florida.

Joy Moore, Chief People Officer, On Lok



As On Lok's Chief People Officer, Joy Moore is a trusted leader, advisor, and business mentor. Her career journey has spanned multiple industries and roles making her a dynamic force in the world of HR, business strategy, and operations. With an unwavering commitment to putting people first, helping organizations and individuals thrive, Joy's career is a testament to her passion for creating lasting human, community, and financial impact.

Joy's exceptional ability to build strong relationships extends to CEOs, boards of directors, leadership teams, and external partners. She has a proven track record of engaging people

around a common goal and is known for creating consensus and driving collaboration and sound business practices. Her commitment to both for-profit and non-profit boards underscores her dedication to making a positive difference in the world.

In addition to her role at On Lok, Joy Is Board Chair for a senior organization that is finalizing a successful affiliation. Her previous organizations include Presbyterian Healthcare (New Mexico), Cardinal Health, Los Alamos National Laboratory and Motorola.

Kathleen Kelly, Executive Director, Family Caregiver Alliance



Kathleen Kelly is Executive Director of Family Caregiver Alliance, a national nonprofit organization that provides direct caregiver support services, public policy development, research, and public awareness regarding family caregivers. Kathy's involvement in technology development, research, service interventions, system design, policy development and advocacy campaigns on the local, state and national level has been broad in scope. As director, she oversees programs of the Bay Area Caregiver Resource Center, California policy collaborations, and the National Center on Caregiving. During her tenure, the organization has grown from a grassroots program to a national organization that provides leadership on supporting family caregivers with best practice interventions, public policy, state system development, and leading-edge research.

Kristie Ramirez, Family Caregiver



Kristie Ramirez is a dedicated caregiver and advocate for her mother, Peggy, who was diagnosed with vascular dementia in 2017 and kidney and heart failure in 2022. Since that time, Kristie has worked tirelessly to make sure her mother has the best life and healthcare available. As her mother's sole caregiver, Kristie oversees her medical appointments, daily healthcare needs, finances, diet, exercise, and ensures she has the most fun possible.

In addition to her caregiving responsibilities, Kristie is a volunteer Advocate with the Alzheimer's Association. She shares her family's story with Federal and State policymakers to drive awareness for critical legislation and funding. In March 2023, she was invited to the

Alzheimer's Impact Movement Advocacy Forum in Washington, D.C., where she advocated directly to Rep. Ro Khanna's staff and met with Senators Feinstein and Padilla's offices.

Kristie is also a full-time Senior Program Manager at a large video game company, managing large-scale, global projects and relationships across the company. She holds a Bachelor of Science in Commerce in Marketing (2007) and a Master of Business Administration (MBA) in Digital Marketing and eCommerce (2015). Through her diverse experiences, Kristie has gained a unique perspective on the challenges and opportunities of caregiving and is dedicated to using her voice to make a positive impact for individuals and families affected by dementia.

Maria Zamora, Chief Executive Officer, Center for Elders' Independence



Maria Zamora became CEO of Center for Elders' Independence in March 2021, bringing more than 25 years of experience in the healthcare and insurance industries. She has held executive management positions in for-profit and not-for-profit organizations, and has an extensive background in PACE (Program of All-inclusive Care for the Elderly).

Prior to joining CEI, Maria served as Vice President of Senior Care Services/PACE at AltaMed Health Services and she also was the Regional Executive Director for InnovAge, which operates PACE programs Southern California and several other states. She has cultivated strong community relationships related to her expertise in health care and senior services.

She is a past Chair and Executive Committee member of the Board of Directors for National PACE Association

(NPA). She is the current Chair and Executive Committee member of the Board of Directors for California PACE Association (CalPACE).

Maria's commitment to the national PACE model of care serves her well as she guides CEI through its next phase of expansion and innovation. She holds a Master of Business Administration (MBA) from Webster University in St. Louis, MO, and a Bachelor of Science in Business Accounting from the University of Phoenix.

Michele Lew, Chief Executive Officer, The Health Trust



Michele Lew provides leadership for all of the Health Trust's operations and resources. Prior to joining the Health Trust in 2018, Michele served as the Local Government & Community Relations Director at Stanford Health Care. Previously she served as President and CEO of Asian Americans for Community Involvement (AACI), a nonprofit health center, for more than a decade. Michele served as the district director for former California State Legislator Joe Simitian. Earlier in her career, she worked with the Carnegie Foundation for the Advancement of Teaching, Joint Venture: Silicon Valley Network, and UCLA on education issues. Michele

serves as board chair for the Santa Clara Family Health Plan and On Lok Day Services, and as a board member for the Leo M. Shortino Family Foundation. She previously served as the community member on the San Jose Mercury News editorial board. A Santa Clara County native, Michele earned a B.A. in economics from Yale University and a master's in public policy degree from Harvard University.

Monique Parrish, Dr.PH, MPH, LCSW, LifeCourse Strategies and Report Author, Santa Clara County Adult Caregiver Study



Monique Parrish, Dr.PH, MPH, LCSW is the Director of LifeCourse Strategies, a health care consulting firm addressing the health and social service needs of underserved and underrepresented communities. For over 20 years, Monique has provided project management, research, and strategic planning support to organizations and initiatives dedicated to expanding equitable access to palliative care, post-acute care, and caregiving services for low-income Californians. She recently completed several countywide studies addressing the needs of family caregivers and direct care workers, and is the author of numerous palliative care, post-acute care, and caregiving reports and publications. Monique facilitates several online support groups for caregivers each month and works part-time in a local Federally Qualified Health Center as a behavioral health provider.

Monique began her career as a Peace Corps health volunteer in the Central African Republic. She received her Master of Public Health and Master of Science in Social Work from Columbia University and her Doctorate in Public Health from the University of California, Berkeley.

Nadine Roberts Cornish, Owner, CSA, Gerontologist and Author, The Caregivers Guardian, LLC



Nadine Roberts Cornish is a Certified Senior Advisor (CSA), Gerontologist, author, TEDx and national speaker who founded The Caregiver's Guardian (TCG) in 2009. TCG is an organization that provides support services to meet the needs of family caregivers. Nadine's journey into caregiving began when she became a caregiver for her mother, a role she held for 15 years. This personal experience led her to dedicate her life's work to caregiving through consulting, education, and coaching.

Over the past fourteen years, through TCG, Nadine has been an advocate for family caregivers across the United States. She understands that caregiving is a family affair and most recently recognizes the often overlooked role of youth caregivers within all of our systems.

Nadine has expanded her efforts by launching a non-profit organization called TCG Education & Advocacy, where

she serves as the Executive Director. This organization focuses on raising awareness about caregiving issues and advocating for youth and family caregivers.

One of Nadine's notable achievements is the development and implementation of the C.A.R.E.E.E. program (Caregiver Advocacy & Resources for Employees and Employers). This program assists businesses and organizations in addressing the challenges that caregiving can present to their workforce.

Hailing from New Orleans, Nadine is an award-winning author of several books, including "Tears in My Gumbo...The Caregiver's Recipe for Resilience" and "Prayers in My Gumbo, The Caregiver's Recipe for Peace," which are part of the multi-book "Caregiver Gumbo" series. She is also working on her latest book, "Recipes in My Gumbo, Food for the Caregiver's Soul."

Nadine is deeply passionate about and committed to caregivers, with her primary goal being to ensure that caregivers receive the acknowledgment and support they need to thrive and find joy in their caregiving journey, as this is a journey that will eventually impact most of us in some way. She is honored to serve as this year's keynote speaker for the Bay Area Senior Health Policy Forum where she will share her vision for how we can collectively shape the future of aging and create a system of care to support family caregivers.

Richard Adler, Chair, Age-Friendly Cupertino



Richard Adler has been engaged in teaching older adults about new technologies for more than three decades. From 1990 to 1996, he was vice-president for research and development at SeniorNet, a national nonprofit whose mission is to introduce older adults to computers and the Internet. In 2020, he was instrumental in creating the Digital Inclusion Workgroup in Santa Clara County. He is chair of Age Friendly Cupertino, and is a member of the Santa Clara Senior Care Commission and of the Advisory Council for Sourcewise, the county's Area Agency on Aging.

Ryan Kawamoto, West Regional Program Manager, Older Adults Technology Services (OATS) from AARP



Ryan Kawamoto is the West Regional Program Manager for Older Adults Technology Services from AARP, where he empowers older adults to use technology and age with attitude through Senior Planet from AARP programs. He oversees and assists in coordinating and managing programming for Alaska, Arizona, California, Hawaii, Idaho, Nevada, Oregon, Utah, and Washington.

He is the former Executive Director of Yu-Ai Kai Japanese American Community Senior Service of San Jose and is the former Chair of the Aging Services Collaborative of Santa Clara County.

He is also the Co-President of the Japan Town Community Congress of San Jose, a Board of Directors member for the Asian Pacific Youth Leadership Project, a member for the LeadingAge California's Equity Cabinet, and a Community Advisory Board member of UCSF's Collaborative Approach for Asian Americans and Pacific Islanders Research and Education.

Ryan has an undergraduate degree in political science and visual arts from the University of California, San Diego, and a Master's in Public Affairs from the Princeton School of Public and International Affairs. He also wrote and published a 372-page graphic novel and worked in the California State Legislature and for the Alameda County Board of Supervisors.

Steve Preminger, Director, Santa Clara County Office of Strategic and Intergovernmental Affairs



Steve Preminger is a fourth-generation resident of Santa Clara County with an extensive history representing various organizations in the public and non-profit sectors.

Preminger is intimately knowledgeable about the Valley and has a track record of bringing people together to address the issues of those in need and working families. Both his skill set and his relationships align with the County's vision and goals.

Prior to joining the County of Santa Clara in 2015, Preminger served as Director of Working Partnerships USA's Union Community Resources, where he worked since 2000 to achieve outcomes that benefit working families, immigrants, and English language learners. He also

serves on Work2Future, the local Workforce Investment Board, as well as the Steering Committee of 2-1-1 Santa Clara County, a program housed in United Way, a resource referral agency that helps people in need access services. He also plays a key role in disaster preparedness and response.

Preminger's prior work experience includes 10 years as Labor Program Director at United Way Silicon Valley, where he directed volunteers and oversaw fundraising campaigns in both public and private sector union workplaces. It also includes nearly six years as Political Director for the Service Employees International Union where he coordinated relationships between public sector unions, elected officials, and legislative offices to meet mutual goals and interests regarding legislation and other political matters.

A long-time community activist and organizer best known for his work to prevent domestic violence and homelessness, Preminger was honored in 2009 by His Holiness the Dalai Lama as one of 49 individuals from around the world as an "Unsung Hero of Compassion," and in 2012 by the National Association of Social Workers as recipient of its "Stand Up for Others Award.

Preminger earned a bachelor's degree in fine arts from Southern Oregon University in 1972. He has served as a board member of several organizations, including Recovery Café San Jose, a support organization for the homeless; vice chair of Building Peaceful Families, an organization dedicated to improving the health, safety, and well-being of children; Loaves and Fishes; Marines Toys for Tots Santa Clara County Chapter; and Second Harvest Food Bank.

Susan DeMarois, Director, California Department of Aging



Susan DeMarois was appointed by Governor Gavin Newsom to serve as Director of the California Department of Aging effective November 1, 2021. As Director, Ms. DeMarois is committed to stakeholder engagement, equity and inclusion; and system transformation to prepare our state for the year 2030 when one in four Californians will be aged 60 or older.

Prior to joining CDA, Director DeMarois led public policy and advocacy for the national Alzheimer's Association in California, serving as the nonprofit organization's registered lobbyist in Sacramento where she advocated for legislative, budget, and regulatory changes at the state capitol. The organization led the effort to enact the first dementia early detection

initiative in the nation focused on the Medicaid population: SB 48 (Limón) signed into law by Governor Newsom.

Ms. DeMarois served as an appointee to Governor Newsom's Alzheimer's Prevention and Preparedness Task Force, chaired by former First Lady Maria Shriver, in addition to the Master Plan for Aging Stakeholder Advisory Committee, a workgroup established by Executive Order. In addition, she represented the Alzheimer's Association on the CalHHS Agency Secretary's Alzheimer's Disease and Related Disorders Advisory Committee.

Before working for the Alzheimer's Association, Ms. DeMarois led government and community relations for the UC Davis Health System where she gained deep health policy and clinical workforce experience. Early in her career, she worked for LeadingAge California, the professional trade association representing not-for-profit housing, residential care and skilled nursing providers.

A graduate of CSU Chico, Director DeMarois started her career working for the U.S. Congress and California State Assembly. She is a proud mom to two adult daughters, and draws inspiration for her work from her own mom's experience with dementia.

Tamara Walker, Deputy Director, Richmond Workforce Development Board-Employment & Training



Tamara Walker is the Deputy Director of Community Services, Employment and Training for the City of Richmond. She has over twenty-five years of experience in workforce development and program development; both as a grant writer and project manager.

Previously, Tamara served as Program Analyst for the City of Oakland's Workforce Development Board, fund developer for the Richmond Police Activities League, and Program Manager for the City of Richmond's YouthWORKS program.

Tamara's areas of expertise: education, strategic planning and systems development, economic and workforce development, institutional transformation and accountability, and

strategic partnerships and collaborations. She received a degree in Business Management from the University of Phoenix, and studied Computer Science at the University of California, East Bay.

Tamara has written and collaborated on local, state, federal and private foundation grant applications that earned clients over \$30 million dollars. She has written grants and developed programs in the areas of education, workforce development training, youth development and services, homelessness, reentry, diversion, technology, cannabis, mentoring, and more.

Tylor Taylor, Chief Executive Officer, Successful Aging Solutions & Community Consulting (SASCC)



With over a decade of experience in the nonprofit sector, Tylor is a seasoned professional who serves as the CEO of Successful Aging Solutions & Community Consulting (SASCC). Tylor's expertise in strategic planning, fundraising, partnership development, program management, and marketing communications drives his leadership of SASCC's efforts to provide innovative solutions for older adults and their communities. Additionally, as the Executive Editor and Publisher of The Outlook, a widely-read Age-Friendly community newspaper, Tylor ensures engaging content that promotes SASCC's mission. Tylor also founded RYDE, a multi-city transportation service for older adults that reduces isolation and connects thousands of people who can no longer drive with essential social services and resources, exemplifying his dedication to making a positive impact in the nonprofit sector. Cool fact - in a previous life Tylor was a radio personality, a role that eventually led to his beginnings in the nonprofit sector!

Uche Uwahemu, Director of Government Relations, Center for Elders' Independence (CEI)



Uche is the Director of Government and Community Affairs for the Center for Elders' Independence (CEI). In this capacity, he oversees CEI's federal, state, and local government legislative policies and regulations. He also manages the relationship with elected officials and the community at large.

Prior to coming to CEI, Uche was the Senior District Field Rep for Assemblywoman Buffy Wicks. In addition, he was a small business owner—focused on management and business consulting for over a decade. Uche has served on many private, public and non-profit boards, and currently serves on the Richmond Workforce Development Board (as vice chair) and New Way Homes, a social impact housing development in Santa Cruz. He holds a Juris Doctorate (law) and an MBA in business management. He enjoys spending time with his two sons, along with coaching little league baseball, youth football and basketball.