



## **PACE as a Supportive Housing Provider for Homeless Older Adults**

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# Presentation Objectives

- Understand PACE as a national model of health care
- Learn how PACE can be a supportive housing provider
- Take away tips for having successful resident-developer-SH provider relationship

# What is PACE?

- Program of All-inclusive Care for the Elderly
- Founded and developed by On Lok in San Francisco in the early 1970's by dentist and social worker.
- Today PACE nationally: 130 programs in 31 states. There are about 240 PACE Centers serving almost 51,000 seniors.
- Capitated health plan funded by Medicaid and Medicare.
- CA has 14 PACE programs and has no regulatory limits on numbers of individuals a program can serve.



# PACE Enrollment Eligibility Requirements

- Senior 55 years or older
- Have skilled nursing level care needs yet wish to remain in their home
- Live in the PACE program service area
- Able to live in the safely in the community including an address where PACE services can be provided
- Medi-Cal and/or Medi-Cal/Medicare eligible\*\*

# TOP 5 CHRONIC CONDITIONS OF PACE PARTICIPANTS



Vascular Disease

**5.8** Chronic Conditions

IN AN AVERAGE MONTH



Diabetes with Chronic Complications

**9**

Prescriptions



Major Depressive, Bipolar and Paranoid Disorders

**8**

Visits to PACE Center



Polyneuropathy

**10**

Personal Care Contacts



Congestive Heart Failure

**46%** Dementia

**4**

Therapy (PT/OT) Encounters





# PACE IS AN INNOVATIVE MODEL OF CARE



PACE integrates and coordinates care for participants across **ALL** settings, including drugs, transportation, and meals

# PACE Program as a Supportive Housing Provider

WIN-WIN-WIN!

Homeless Senior-Developer-PACE

- Homeless senior enrolls in PACE and moves into a new home and receives all inclusive medical and social care including transportation
- Developer has a partner for planning the project and provide on site all inclusive services for residents at no cost
- PACE is able to serve previously unqualified homeless seniors due to the lack of a safe permanent address

# How is it done?

- Develop partnerships with developers or other entities that have housing units to fill
- Partner with local Coordinated Entry System (CES) to ensure the most needy homeless are served
- Partner with local homeless shelters and transitional housing providers for referrals to the PACE provider when housing is available
- Commitment of PACE staff to serve the homeless





# Why is it Effective?

PACE offers unique services & expertise at PACE Centers and on site at the supportive housing building for:

- Comprehensive initial and ongoing assessments for medical, social and in home needs
- Care transitions and coordination of services
- Home health and home care
- Behavioral health
- Case management
- Recreational therapy programming
- Rehabilitation therapy and DME
- Nutrition classes and meals
- Transportation to PACE center and medical appointments
- And more

# Supportive Housing Outcomes

## benefits for the senior:

- Improved:
  - Physical health
  - Mental Health and Well Being
  - Activities of Daily Living
  - Cognition
  - Socialization
  - Income!

# Supportive Housing Outcomes

## benefits for the senior:

- Reduced:
  - Hospital/ER visits
  - Police/ambulance intervention
  - Community service needs
  - Incarceration
  - Depression

# What are the lessons learned?

- Staffing at properties
- Providing move in ready homes with bed bug proof furniture
- Early intervention for care, many haven't seen a MD in years and have really acute needs
- Regular meetings and communication with the property manager before during and after lease up to ensure success
- Adjusting care model for clientele which may be different than previously "typical" PACE senior



# Lessons Learned on Building Elements

- Dedicated Private Counseling Rooms/Office Space
- Community Room with activity area, TV, kitchen if possible
- Laundry Room
- Computer/IT area
- Outside area for residents with consideration for smoking areas
- Dog Friendly spaces



# Success Story



# THANK YOU!

Center for Elders' Independence  
Thank you for your interest in PACE!

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Thank you

