



Institute on Aging

Helping Bay Area Seniors Live Independently

Housing or health?
It doesn't have to be a choice.

IOA Senior Campus and the Coronet

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Affordable Housing Plus Services (AHPS)

What is AHPS?

The integration of independent, unlicensed, primarily subsidized residential care settings, serving low to moderate income seniors with access to health and supportive services.

The goal of AHPS is to enable older residents who are frail and/or disabled to remain in their housing community even as their health declines and disability increases.

Source: U.S. Department of Health and Human Services



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History

Collaborative Partnerships

Collaborative effort between Institute on Aging, Bridge Housing and San Francisco Department of Public Health



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Collaborative Partnerships Bridge Housing

Received Supportive Housing Loan as part of Multifamily Housing Program (MHP). Designated 53 (of 150 units) for supportive housing.

- Target population for supportive housing:
 - Households must be homeless or at-risk of homelessness
 - Include a disabled adult

Source: Multifamily Housing Program (MHP) Regulations:
http://www.hcd.ca.gov/fa/MHP_and_SH_Regulations_effective_092903_and_051405.pdf



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- Disabled adult defined by:
 - Eligibility under either of two Medicaid Waiver programs – MSSP or Assisted Living; or
 - Eligibility for 20 or more personal care hours per week under the In-Home Supportive Services Program (IHSS); or
 - Eligibility for services under the Program of All Inclusive Care for the Elderly (PACE).

(Eligibility for these programs must be established by the agency responsible for determining eligibility for the benefits it provides.)



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- IOA Services
 - Health care
 - Care Management
 - Psychology and Assessment
 - Telephone outreach
 - Social services
 - Art program
 - Intake and Referral



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Collaborative Partnerships Institute on Aging

- Partnership with On Lok as a provider of PACE services. Services include:
 - Primary medical care and specialty care as needed
 - Routine preventative care such as audiology, dentistry, optometry and podiatry
 - Rehabilitation therapy (physical, occupational, speech) and recreational therapy
 - Home care
 - Social services
 - Nutrition services and home-delivered meals as necessary
 - Transportation to medical appointments and emergency medical transport
 - Acute hospital and nursing home care
 - Nursing care and monitoring
 - Adult day health care
 - Prescription drugs and necessary health care related equipment and supplies



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Eligibility for PACE Coronet

- Must be 55 years of age or older
- Live in San Francisco
- Require ongoing medical care and supportive services to continue living at home
- Ability to live in the community without jeopardizing the health and safety of themselves or others



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Collaborative Partnerships Department of Public Health

- Department of Public Health Housing and Urban Health - Direct Access to Housing
 - Provides permanent, supportive housing to low income adults who are homeless or at risk of homelessness and have special needs.
 - Strives to improve health outcomes

Source: San Francisco Department of Public Health <http://www.sfdph.org/dph/comupg/oprograms/DAH/>



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Needs Based Services

- Populations served
 - Similarities
 - Chronic health conditions
 - Low income
 - Differences
 - Frailty
 - Age
 - Physical versus mental health



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Lessons Learned

- Learn the language
- Overarching rules
 - Housing requirements
 - Partner requirements
- Know your goals/parameters
- What do clients/residents want?
- What do partners want?
- Fitting it all together



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Success of AHPS

- Affordable housing
- Availability of health and social services
- Linkages to a full system of support
- Ability to age in place



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BRIDGE Housing

